

Forklift Truck Counterbalance - Novice

RTITB Accredited



Forklift Truck Counterbalance - Novice

On completion of this training course, you will be able to:

- Operate the Forklift Truck (FLT) model used during the training safely and correctly
- Clearly understand the safety requirements of operating a Forklift Truck and the causes of instability of trucks and loads
- Carry out a routine pre-use inspection of the truck
- Safely drive and operate a Forklift Truck

Career Opportunities

Possessing a FLT Certificate will give you an advantage in the employment market to secure a role as a Counter-Balance FLT Operator/Driver. With experience and further training, you could progress to Supervisor/ Manager level within the logistics and distribution sector.

Course Content Overview

- Introduction to the Forklift Truck Operators safety code (Key Safety Features/Tips)
- Pre-use inspection
- The controls and instruments
- Starting, moving and stopping the truck
- Steering the truck
- Operation of hydraulic controls
- Weight assessment of load to be moved
- Lift truck stability
- Handling laden and unladen pallets
- How to safely drive on/off ramps and inclines
- The fundamentals of lorry loading and unloading
- Stacking and de-stacking, both freestanding and on to racking

Assessment & Testing

- Safety Code Testing; practical test of basic operating skills; written test of operating knowledge

Course Duration - 32.5 hours

**For further information, please contact Sarah O'Mahoney on 01656 656443
or e-mail somahoney@n-ergygroup.com**